



# Lunch Menus—Term 6 2018

## Grab & Go Contains:

Each bag will contain four items daily and will always consist of: a 50/50 bread sandwich (ham, cheese or tuna mayo), a fresh fruit bag and a yogurt or jelly pot, to which we add low calorie crisps, cereal bars or cake and a selection of drinks. (2,4,5,7,9,14)

## Always available:

Yoghurts (7)  
Fresh Bread (2,13)

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week 1</b> w/c 4th June 25th June 16th July	Main	Chicken Pie (2,4,7) with New Potatoes, Mixed Salad or Peas	Salmon Fish Fingers (2,5,7) with Mashed Potato (7), Baked Beans or Mixed Vegetables	Roast Pork and Apple Sauce (Allergen Free) with Roast Potatoes and Spring Vegetables	Breaded Chicken Bap (2,4,7) with Mixed Salad with Mayo (4,9) or Carrots and Sweetcorn	Sausages and Chips with Tomato Sauce (1) with Peas
	Veggie	Cheesy Broccoli Pasta (2,7) with Mixed Salad or Peas	Cheese and Tomato Pizza (2,7,13) with Baked Beans or Mixed Vegetables	Vegetarian Toad in the Hole (2,4,7) with Roast Potatoes and Spring Vegetables	Veggie Chilli and Cheese Tortilla Wraps (1,2,7) with Mixed Salad with Mayo (4,9) or Carrots and	Jacket Potato with Baked Beans (Allergen Free) with peas
	Pudding	Raspberry Ripple Mousse (7)	Iced Carrot Cake (2,4,7)	Eton Mess (4,7)	Chocolate Cookie (2,7)	Assortment of Ice Cream Flavours (4,7)
		Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag
<b>Week 2</b> w/c 11th June 2nd July 23rd July	Main	Pork Meatballs in a Creamy Tomato Sauce (2) with Pasta and Diced Carrots	Tuna Sweetcorn Filled Jackets (4,5,7,9) with Mixed Salad or Mixed Vegetables	Roast Turkey and Yorkshire Pudding (2,4,7) with New Potatoes and a Melody of Spring Vegetables	Sausage Roll (2,4,7) with Mashed Potato (7) and Peas	Fish Fingers and Tomato Sauce (1,2,5,7) with Chunky Chips, Peas and Sweetcorn
	Veggie	Vegetable Bolognese (2) with Pasta and Diced Carrots	French Bread Pizza (2,7,13) with Mixed Salad or Mixed Vegetables	Sweet Potato and Spinach in Puff Pastry (2,4,7) with New Potatoes and a Melody of Spring Vegetables	Jacket Potato and Baked Beans (Allergen Free) with Peas	Quorn Sausages (2,4,7) with Chunky Chips, Peas and Sweetcorn
	Pudding	Chocolate Mousse (7)	Mandarin and Orange Jelly (Allergen Free)	Ice Cream (4,7)	Shortbread (2,7)	Assortment of Yummy Doughnuts (2,4,7)
		Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag
<b>Week 3</b> w/c 18th June 9th July	Main	Sausage and Chorizo Pasta Bake (2) with Mixed Salad and Diced Carrot	Pork Ravioli (2) with Mashed Potato (7), Peas and Sweetcorn	Roast Gammon with Yorkshire Pudding (2,4,7) with Roast Potatoes and Mixed Vegetables	Salmon Fish Cakes (2,4,5,7) with New Potatoes and Coleslaw (4,9) or Sweetcorn	Pepperoni Pizza (2,7) with Chips, Baked Beans or Peas
	Veggie	Spring Vegetable Chow Mein (2,4,7)	Cheese Omelette (4,7) with Mashed Potato (7), Peas and Sweetcorn	Creamy Vegetable Pie (2,4,7) with Roast Potatoes and Mixed Vegetables	Jacket Potato with Baked beans (Allergen Free) and coleslaw (4,9) or Sweetcorn	Quorn Dippers and Tomato Sauce (1,2,4,7) with Chips, Baked Beans or Peas
	Pudding	Fruit Meringue (4,7)	Oat Flapjack (2)	St Clement's Sponge with Vanilla Custard (2,4,7)	Peaches and Jelly (Allergen Free)	Assortment of Ice Cream Flavours (4,7)
		Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag	Grab and Go Lunch Bag

Numbers in brackets refer to the Food Standards Agency allergen code as follows: (More details on school website)

- 1. Celery
- 2. Cereals Containing Gluten
- 3. Crustaceans

- 4. Eggs
- 5. Fish
- 6. Lupin

- 7. Milk
- 8. Molluscs
- 9. Mustard

- 10. Nuts
- 11. Peanuts
- 12. Sesame Seeds

- 13. Soya
- 14. Sulphur Dioxide (Sulphites)